

Nutrition Facts

Amount Per Serving

Calories 150 Calories From Fat 50

% Daily Value*

Total Fat	6g	9%
Saturated Fat	3g	15%
Trans Fat	0g	
Cholesterol	5mg	2%
Sodium	115mg	5%
Total Carbohydrate	21g	7%
Dietary Fiber	<1g	4%
Sugars	13g	
Protein	2g	

Vitamin A 6% • Vitamin C 0%

Calcium 0% • Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: FINE GRANULATED SUGAR, WHITE SUGAR, PEANUT BUTTER, OCCIDENT, FLOUR, GOLDEN BROWN SUGAR, WHITE SPRAY, FLOUR, PALM MARGARINE, WHOLE EGGS, PALM SHORTENING, BUTTERMILK POWDER, PROMIX 125, SODA BICARBONATE, VANILLA- 2 FOLD, SALT, KOSHER, MORTON, CARAMEL COLOR.

CONTAINS: MILK, SOY, EGGS, WHEAT.

MRS FIELDS CARAMEL APPLE CRUNCH Serving Weight: 35. grams

Ingredients: Sugar, enriched wheat flour, margarine (palm oil, water, salt, mono and diglycerides, soy lecithin. Sodium benzoate added as preservative. Artificially flavored. Vitamin A palmitate added), oats, apples, invert sugar, caramel bits, coconut, molasses, cinnamon, soda bicarbonate, salt, natural and artificial flavor.

Contains: wheat, eggs, milk, coconut, soy.

