

Nutrition Facts

Serving Size: 1oz (28g)

Servings per container:

Amount Per Serving

Calories 140 Calories from Fat 60

% Daily Value*

Total Fat 6g 9%

Saturated Fat 5g 25%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 120mg 5%

Total Carbohydrate 20g 7%

Dietary Fiber 0g 0%

Sugars 13g

Protein 1g

Vitamin A 0% Vitamin C 0%

Calcium 2% Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs:

Calories: 2,000 2,500

Total Fat Less than 65g 80g

Saturated Fat Less than 20g 25g

Cholesterol Less than 300mg 300mg

Sodium Less than 2400mg 2400mg

Total Carbohydrate 300g 375g

Dietary Fiber 25g 30g

Calories per gram:

Fat 9 Carbohydrate 4 Protein 4

INGREDIENTS: Yogurt Coating (sugar, palm kernel oil, yogurt powder [cultured whey protein concentrate and cultured skim milk], milk, soy lecithin [an emulsifier], natural flavor, salt), Pretzels (enriched wheat flour [wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], salt, corn syrup, vegetable oil [may contain one or more of the following: corn, canola, cottonseed, soybean], sodium bicarbonate, yeast).

Allergy statement: Contains milk, soy, and wheat. Manufactured in a facility using peanuts and tree nuts.

NUTRITION FACTS: Serving size: 1oz (28g), Amount per Serving: **Calories** 140, Calories from Fat 60, **Total Fat** 6g (9%DV), Saturated Fat 5g (25%DV), Trans Fat 0g, **Cholesterol** 0mg (0%DV), **Sodium** 120mg (5%DV), **Total Carbohydrate** 20g (7%DV), Dietary Fiber 0g (0%DV), Sugars 13g, **Protein** 1g, Calcium 2%, Iron 2%DV. Not a significant source of Vitamin A and Vitamin C. Percent Daily Values (DV) are based on a 2,000 calorie diet

Savory Foods - Dipped –Peanut Butter Pretzel -

Nutrition Facts	
Serving Size: 1oz (28g)	
Amount Per Serving	
Calories	140 Calories from Fat 60
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	% Daily Value*
Total Fat	11g 17%
Saturated Fat	6g 30%
Trans Fat	0g
Cholesterol	5mg 2%
Sodium	160mg 7%
Total Carbohydrates	25g 8%
Dietary Fiber	1g 4%
Sugars	14g
Protein	5g
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Vitamin A	0%
Calcium	4%
Vitamin C	0%
Iron	4%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2400mg 2400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 · Carbohydrate 4 · Protein 4	

INGREDIENTS: Peanut Butter Chips (partially defatted peanuts, sugar, blend of vegetable oils [partially hydrogenated palm kernel and soybean oils], nonfat milk, dextrose, salt, soy lecithin – an emulsifier, vanillin – an artificial flavoring). Pretzels (enriched wheat flour [wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], salt, corn syrup, vegetable oil [may contain one or more of the following: corn, canola, cottonseed, soybean], sodium bicarbonate, yeast).

Allergy statement: contains wheat, soy, milk, and peanut products. Manufactured in a facility using peanuts and tree nuts.

NUTRITION FACTS: Serving size: 1 Pretzel Rod (43g), Amount per Serving: **Calories** 220, Calories from Fat 100, **Total Fat** 11g (17%DV), Saturated Fat 6g (30%DV), Trans Fat 0g, **Cholesterol** 5mg (2%DV), **Sodium** 160mg (7%DV), **Total Carbohydrate** 25g (8%DV), Dietary Fiber 1g (4%DV), Sugars 14g, **Protein** 5g, Calcium 4%DV, Iron 4%DV. Not a significant source of Vitamin A and Vitamin C. Percent Daily Values (DV) are based on a 2,000 calorie diet

Nutrition Facts

Serving Size: 1oz (28g)

Amount Per Serving

Calories 140 Calories from Fat 60

% Daily Value*

Total Fat	7g	11%
Saturated Fat	4g	20%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	70mg	3%
Total Carbohydrates	19g	6%
Dietary Fiber	1g	4%
Sugars	10g	
Protein	2g	

Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	10%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs:

Calories: 2,000 2,500

Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2400mg	2400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:

Fat 9 · Carbohydrate 4 · Protein 4

INGREDIENTS: Semisweet Chocolate (sugar, chocolate liquor processed with alkali, cocoa butter, milk fat, soy lecithin – an emulsifier, vanillin – an artificial flavor, natural flavors), Mini Pretzel Twists.

Allergy statement: contains wheat, soy, and milk products. Manufactured in a facility using peanuts and tree nuts.

NUTRITION FACTS: Serving size: 1oz (28g), Amount per Serving: **Calories** 140, Calories from Fat 60, **Total Fat** 7g (11%DV), Saturated Fat 4g (20%DV), Trans Fat 0g, **Cholesterol** 0mg (0%DV), **Sodium** 70mg (3%DV), **Total Carbohydrate** 19g (6%DV), Dietary Fiber 1g (4%DV), Sugars 10g, **Protein** 2g, Iron 10%DV. Not a significant source of Vitamin A, Vitamin C, and Calcium. Percent Daily Values (DV) are based on a 2,000 calorie diet