Nutrition Facts

Serving Size 3/4 cup (30g)
Servings Per Container

Amount Per Serving

Calories 140	Calories from Fat 60
	% Daily Value*
Total Fat 7g	11%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 60mg	3%
Total Carbohydrate 20g	7%
Dietary Fiber 1g	4%
Sugars 15g	
Protein 1g	

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Flavored Confectioners Coating [sugar, vegetable oils (palm kernel and partially hydrogenated palm), cocoa, skim milk, cocoa (processed with alkali), vanilla, natural and artificial flavors, sorbitan tristearate and soy lecithin (emulsifiers), salt], Caramel Popcorn [Brown Sugar, Corn Syrup, Popcorn, Sugar, Water, Coconut Oil (pure coconut oil, beta carotene), Butter (cream, salt), Contains Less than 2% of Natural Flavor, Salt, Baking Soda (sodium bicarbonate), Artificial Butter Flavor, FD&C Yellow #5 Lake (E102)], White Confectioners Coating [sugar, partially hydrogenated palm kernel oil, nonfat milk powder, soy lecithin (emulsifier), monoglycerides, artificial color (titanium dioxide), artificial flavor]