

Nutrition Facts	
Serving Size 1 & 1/4 cup (30g)	
Servings Per Container	
Amount Per Serving	
Calories 140	Calories from Fat 60
% Daily Value*	
Total Fat 7g	14%
Saturated Fat 3.5g	10%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 170mg	7%
Total Carbohydrate 18g	6%
Dietary Fiber 1g	4%
Sugars 9g	
Protein 2g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 2%
*Percent Daily Values are based on a diet of 2,000 calories depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 29g 35g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Caramel Corn [Brown Sugar, Corn Syrup, Popcorn, Sugar, Water, Coconut Oil (pure coconut oil, beta carotene), Butter (cream, salt), Contains Less than 2% of Natural Flavor, Salt, Baking Soda (sodium bicarbonate), Artificial Butter Flavor, FD&C Yellow #5 Lake (E102)], Cheese Popcorn [Popcorn, Pan Release [corn oil, soy lecithin, beta carotene (color), artificial butter flavor], Coconut Oil (pure coconut oil, beta carotene), Cheddar Cheese Blend [Cheddar Cheese (pasteurized milk, culture, salt, enzymes), whey, buttermilk, partially hydrogenated soybean oil, sweet cream, salt, lactic acid, disodium phosphate, FD & C yellow 6, annatto extract], Salt, Artificial Butter Flavor, FD&C Yellow #5 Lake (E102)]